

It's about time

Create more space for thinking, breathing, living and working

Private coaching and mentoring with Donna McGeorge

Take back time Spend it wisely

With all the best of intentions, many of us, particularly women, find ourselves overwhelmed, out of control and at risk of failing at the important things.

Or, we have reached a point where we just don't know where we are headed.

Sound familiar?

It's about time you had more choice in life. More passion, joy and fulfilment.

I'm in your corner, ready to rev you up and open your eyes to new possibilities. New options for a more joyful, fulfilling, productive and passionate work-life!

For over 20 years I have helped individuals find:

- Space & Capacity
- Joy & Fulfilment
- Purpose & Success





I earned my Bachelor of Education (Human Resource Development) at The University of Technology, Sydney.

I am a Master Practitioner of NLP, Certified Speaking Professional and was on the faculty of Thought Leaders Global from 2014 to 2018. I am the best selling author of The 25 Minute Meeting and The First 2 Hours, which, along with The I Day Refund form the It's About Time series.

I am blessed to have, for the last 20 years, been able to do work I love, with people I love, the way that I want.

With 10 books under my belt, I bring a creative and practical approach together with a significant amount of research plus an organisation development background to meet people where they are at and help them level up.

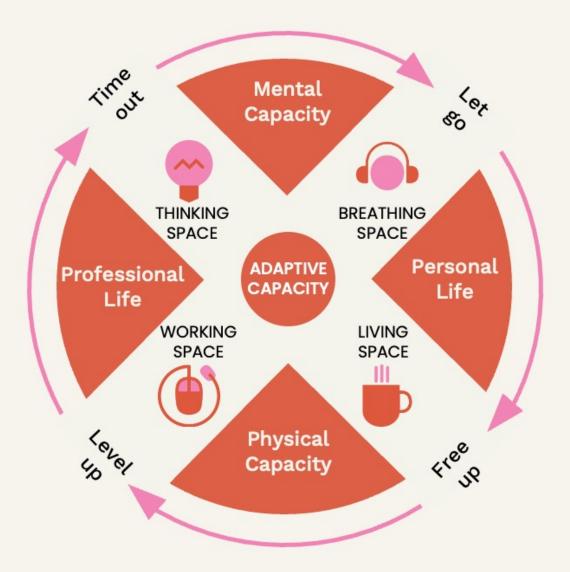
For over 20 years I have worked as a **coach, mentor trainer, facilitator and speaker**. I've helped individual business and practice owners, right up to c-suite players create the space to make the right decisions and have adaptive capacity.

In 2014, I returned from 2 years abroad, where I worked closely with the senior leadership team at Ford Asia Pacific in China to help transform organisational design, development, and strategic planning

I have been married to Steve for over 30 years, have a grown up daughter, and a dog, Prudence. When I'm is not working, you will find me on my balcony at the Gold Coast in Queensland, sipping tea and taking inspiration from the meandering waterways.

I believe that workplaces are complex, but not hard. More often than not it's getting the simple things right, consistently, that has the greatest impact.

I know that when we decide to be intentional, we can surprise ourselves with what we can achieve.



Let's get to work creating the right amount of capacity and space for you to show up as your best self.



I only take on a limited amount of coaching/mentoring clients per year.

I will be your butt kicker, cheerleader, teacher and accountability partner enabling you to level up your career, business or life. I will work with you to set outcomes and intentions at the beginning and check in throughout the program to make sure you are on track.

In the past I have helped people:

- Grow their business
- Develop products and services
- Write books
- Make career choices
- Overcome overwhelm
- Take back control
- Focus on what's important

As client you will:

Receive private coaching: from an insightful business leader who has navigated small business and organisations for over 30 years.

Expand your toolkit: Drawing from a range of disciplines, I knows what works and will help you have more range and flexibility in your approach.

Have someone in your corner: Constant encouragement and support so that you are able to achieve your goals.



YOUR INVESMENT IN YOU



Strategy Session

Pre-work pack
will be sent in
advance and will
need to be
completed prior
to the first
session.



Capacity Quiz

A starting point around where we need to put our attention in terms of thinking, breathing, living and working space.



Individual Sessions

One hour private
coaching and
mentoring sessions
(on-line via zoom)
scheduled according
to your need.



Ongoing Access

Receive ongoing access to me throughout your commitment.
Resources and material supplied as requested.



Level Up

Donna really helped me level up my career. She changed my way of thinking on how I do my work and how I manage my team. Coming from a technical role and moving to management, I had to relearn a lot of things and she gave me a framework to work with. We also worked through a number of roadblocks preventing me from growing. It was so refreshing having a coach like Donna!

Mark Anthony Berdin

Technical Product Lead, Digital Systems Jetstar Airways

Remove the noise

What I love about being coached by Donna, is her ability to bring knowledge, experience, and direction to challenges I faced, build confidence in what I do especially when so much 'noise' interferes in the focus of what you want.

What I also liked about her coaching was she called me out on things eg behaviour, attitude and mindset that was productive and not so productive to move me towards my goals, so thank you Donna.

Terry-Lyn Stevens

Coach & Leadership Development Consultant

Hacks my brain

I value Donna's ability to cut through my mental crazy that I have sometime. When I'm flustered and overwhelmed she helps me distil things down.

Her knowledge, wisdom and experience has helped me level up my leadership, career, sense of purpose.

Erin Sinclair

Learning & Organisational Development Manager

Pushes me to places I wouldn't go

The biggest benefit to having Donna as my coach is her ability to energise and keep me energised about myself and the development of my business. She is extremely knowledgeable, has a wealth of experience and her empathetic, warm and fun style encourages me to expand my thinking and strive for outcomes I would not have attempted without her support.

Rebecca Campbell

Director, Campbell Employee Relations

Provides "career therapy"

The biggest benefit to having Donna as my coach was that she helped me to remove the voice of self-doubt from my head and enabled me to find the courage to take the next giant step in my career. Without her encouragement, validation and what I like to call career therapy I would have not progressed to where I am today. Oh, and she's also hilarious and you'll spend your time mostly laughing... \odot

Lois J Baldwin

Head of Government, TPG Telecom

Quite the joy!

I met Donna on a plane...such splendid serendipity for a person about to leave corporate and set up their own practice. I chose Donna as my mentor for her gutsy, direct style and her business experience. I got so much more! I have relished her upbeat attitude, her ability to rewrite my head and keep me on track, her uncanny capacity to enter my area of business and offer savvy advice. She's authentic, generous, hugely capable, structured and open to grow herself constantly. Quite the joy. I'd work with her again in a heartbeat.

Rachel Audige

Innovation Architect & Brand Amplifier

Join the dots

Donna's incredible insight, advice, thoughts and guidance can only be highly recommended! Her real value sits in her ability to "join the dots" and let you see a different picture. Donna guided me through a lot of abstract and new thinking, always there to support and help. Truly blessed to have had you as a mentor Donna!

Anton van der Walt

Coach & Mentor to CEO's

Mind Blowing

When Donna first shared The 15% Rule with me it blew my mind! I immediately put it into effect with instant positive results. I had more time for me, which meant I had more to give my family.

Janine Garner

Best-selling author of It's Who you Know and Be Brilliant

Daily Habits

When I first started working with Donna, I was a bit all over the place with how I wanted my business to build and scale. Using some of the techniques she taught in her programs, I began to put into place small things like habit trackers that helped me get on top of what felt like huge tasks. These habits continue to help me on a daily basis.

Rebecca Bradshaw

Quality Expert & Consultant

Take Out the Kinks

Over the 2 years I have been part of the productivity mentoring program, run by Donna. Even though I have known her for years and she is always knowledgeable and helpful in straightening out my thinking and her programs and her expertise are like the gardener who takes the kinks out of a hose to create more flow.

Knowing what to ask, how to reframe and uncovering in an hour, what would take me hours or days to do – Donna puts me in flow!

Maree Burgess

Coach, facilitator and author of the XX Project and Connecting Us

FEES

6-month program

\$12,000 plus gst

12-month program

\$20,000 plus gst

Inclusions:

- Free 30-minute chemistry call to check we are a good fit.
- Monthly 1-hour live sessions with Donna.
- Unlimited mid session emails, messages (WhatsApp or Text) and short 10-minute phone checkins. Subject to availability, I can usually make these available within 90 minutes of request..
- · Accountability checks via email between sessions to see how you are tracking.
- Pre-session email to help you prepare and get the most out of the discussions.
- Other books and resources that are relevant. In the past these have included Atomic Habits by James Clear, It's Who You Know by Janine Garner, Smart Work by Dermot Crowley, Stories for Work by Gabrielle Dolan.
- Access to the My Capacity online program for life. This is a 6-module program with videos, tools, tips, checklists, templates and techniques to help you take back time and spend it wisely.
- Copies of the It's About Time series books..

Conditions:

- 50% deposit required to secure your position.
- Balance due 14 days prior to our first session.
- Monthly payment plans available.
- Any sessions cancelled by you inside of 24 hours are forfeited.
- Any sessions cancelled by me inside of 24 hours get you a free additional session.
- If you extend a 6-month program to a 12-month program, you only pay the 12-month fee.





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